



Bruce II Sports Centre and Autism Involves Me (AIM)

AIM Background

- Formed early 2013 by a Mother of two children on the Autism Spectrum and a Consultant for Children with Autism
- Initially formed to provide emotional and educational support for families

Bruce II Sports Centre

- A recreation complex owned and operated by the Town of Channel-Port aux Basques housing an ice surface, bowling alley, curling rink, swimming pool, walking track and fitness centre

Kids Gym

- In the fall of 2013 AIM had a vision of a gym with sensory equipment as well as physical activity equipment
- It was brought to their attention that the local Canadian Tire dealer might be willing to provide funding for exercise equipment for children
- They approached the Town of Channel-Port aux Basques about space for the gym equipment and were directed to the Bruce II Sports Centre

Kids Gym

- At the same time, staff of the Bruce II Sports Centre had attended a Fundamental Movement Skills seminar and were actively looking for programs to provide to preschool children
- Through discussion with the AIM group, the plan for the kids gym took shape
- The gym would include sensory and physical activity equipment

Kids Gym

- Funding provided by:
 - Local Canadian Tire Store
 - Canadian Tire Jumpstart
 - Lions Club
 - Colemans Food Stores
 - Dr. Dulach O'Brien
 - Dr. Al-Nabbot
 - College of the North Atlantic
 - Western Health

Kids Gym

- Kids Gym schedule:
 - Tuesday 2:30 – 3:30 – Open to all preschool children
3:30 – 4:30 – AIM group
 - Saturday 9:30 – 10:30 - Open to all preschool children
10: 30 – 11:30 – AIM group
- Kids Gym is also available for birthday parties















Links for Equipment

- Flaghouse.ca 1-800-265-6900
- TFH specialneedstoys.com
1-877-509-7524

Thank-you for your time

