



Community Healthy Living Fund

The CHLF provides funding to communities, community groups and organizations to plan and deliver initiatives to improve the health and well-being of Newfoundlanders and Labradorians and to enhance opportunities for people to live healthy, active lifestyles.

CHLF 2015-16

- Evolution of CHLF was a result of review of community grants, feedback from applicants to R&S Division and the creation of SWSD.
- What we heard:
 - Connection should be made with applicants and the municipality (allows municipality to be aware of and prioritize funding requests)
 - Single application with flexible intake periods (community recreation leaders and volunteers spend too much time completing applications)
 - Planning should be incorporated into application and funding support for planning initiatives should be considered
 - Support of leadership and training opportunities should be available
 - Consideration of multi-year funding commitments

CHLF

- In 2015-16 the CHLF was launched
- Provides funding to communities, community groups and organizations to plan and deliver initiatives to improve the health and well-being of NL residents
- Three categories of funding were available in a single application: Supportive Environments, Programs and Capacity Building
- Priority areas include recreation, physical activity, healthy eating, tobacco control, injury prevention, mental health promotion and age-friendly initiatives

CHLF 2015-16

- 144 different communities received funding
- 372 different projects and initiatives funded
- Over 180 applications for Programs / Capacity Building
- Almost 250 organizations applied for SE
- Over \$1M in small infrastructure and physical activity and healthy eating equipment funded
- Over 80% of applicants submitted electronically
- Majority applied to both programs and SE

Supportive Environment

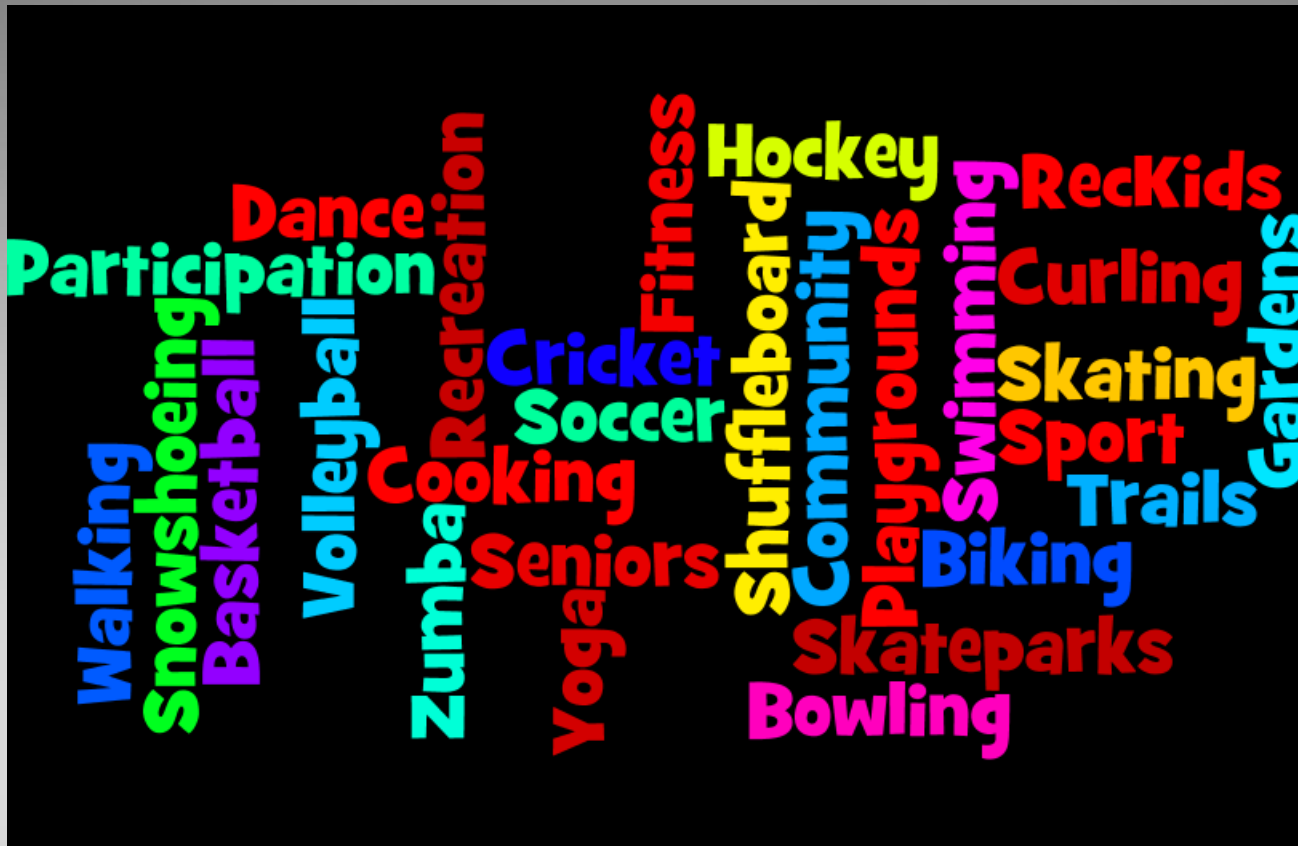
- Small Infrastructure
 - Skateboard parks, trail development, playground equipment
- PA Equipment – recreation and sport equipment
- H/E Equipment – small appliances

Program

- Healthy Eating Preparation programs – community kitchens
- Programs for special populations – older adults, persons with a disability
- Programs targeted at families – community ski project and community skating
- Physical literacy program for pre-school age
- Shuffleboard, stick curling

Capacity Building

- Community Recreation Plan
- Community Healthy Living Plan
- Regional Games
- High Five Training



2016-17 CHLF

- Continue to take feedback on enhancing the program
 - Shortened application & guidelines
 - Supportive environment funding section moved to the beginning
 - Added guidance in the application – easier to complete

CHLF 2016-17

Planning Your Submission

- Consider the various recreation assets in your community – map these for future use
- Consider population demographics
- Think about accessibility and inclusion
- Consider activities where families can participate together / intergenerational activities
- Consider linking more than one priority of the CHLF in your program (eg PA & Healthy Eating)

Community Accounts

- http://www.fin.gov.nl.ca/fin/community_accounts/
- http://nl.communityaccounts.ca/profiles.asp?_ =vb7En4WVgaai03Gp
- Type of information available
 - Demographics – communities / regions

Community Healthy Living Fund

- Provides support in 3 key areas:

Capacity Building
Planning, Training &
Leadership, Innovation

Programs
Community based
programming in areas
of physical activity,
recreation, healthy
eating, tobacco control,
injury prevention,
mental health
promotion and age-
friendliness

**Supportive
Environments**
Supports accessibility,
inclusion, safety, &
promotes physical
activity, healthy living in
environments used for
recreation and sport

CHLF 2016-17

- Additional Enhancements
 - Program section of the application has a template for different programs
 - Basic Support
 - Indoor/Outdoor physical activity programs
 - Healthy Living Education programs
 - Summer Recreation Programs
 - Community Gardens
 - Healthy Eating Programs

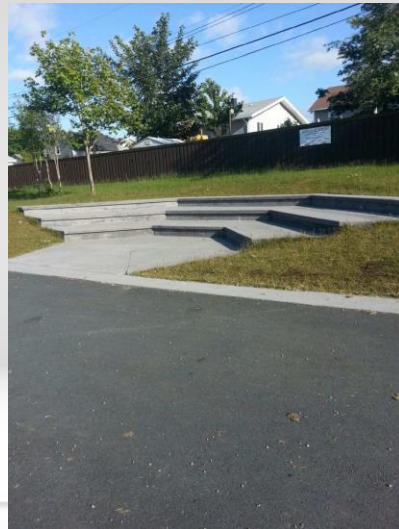
CHLF 2016-17

- Additional Enhancements
 - Program templates for commonly requested areas have been developed
 - Goals/Objectives/samples/resources/steps to consider
 - Templates available
 - Community Garden
 - Healthy Eating program – 6 week
 - Healthy Living Education Sessions
 - Active Start Program (physical literacy)
 - Outdoor Adventure
 - Walking program (any age)
 - Special Events

CHLF 2016-17

- Consultants available to support you in application development
- Contact your local RHA – Health Promotion staff & Regional Wellness Coalitions
- Important to
 - Include budget details, good project description,
 - Apply for the project under one category
 - Include support letter

Share some of your experiences, projects or initiatives you have achieved through the CHLF



Questions?