



Framework for Recreation in Canada
Pathways to Wellbeing

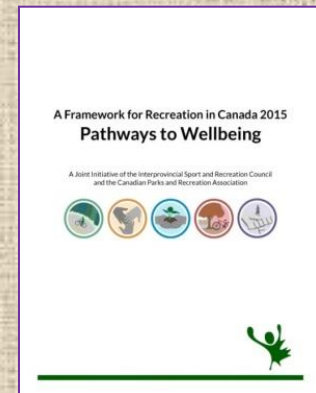
What is the Framework for Recreation in Canada?

- A joint initiative of the Interprovincial Sport and Recreation Council (ISRC) and the Canadian Parks and Recreation Association (CPRA).
- The *Framework for Recreation in Canada*:
 1. Provides a new vision for recreation in Canada.
 2. Invites leaders, practitioners, stakeholders and volunteers to collaborate in pursuit of common priorities.
 3. Aims to improve the wellbeing of:
 - Individuals
 - Communities
 - Built and natural environments

Framework for Recreation in Canada

How we got here

- ★ Three National Summits and extensive consultations in provinces and territories
- ★ Sector endorsed the Framework November 2014
- ★ CPRA Board endorsed the Framework November 2014
- ★ PT Ministers endorsed and federal government stated support for the Framework in February 2015



Definition of Recreation:

Recreation is the experience that results from freely chosen participation in physical, social, intellectual, creative and spiritual pursuits that enhance individual and community wellbeing.

The Framework – Diagram

Vision

Everyone engaged in meaningful, accessible recreation experiences that foster:

Individual Wellbeing

Wellbeing of Natural and Built Environments

Community Wellbeing

Values

Public Good

Inclusion and Equity

Sustainability

Principles

Lifelong Participation

Outcome-Driven

Quality and Relevance

Evidence Based

Partnerships

Innovation

Goals

Active Living



Inclusion & Access



Connecting People & Nature



Supportive Environments



Recreation Capacity



Priorities

- Participation throughout the lifecycle
- Physical literacy
- Play
- Reduce sedentary behaviours

Equitable participation for all, regardless of socioeconomic status, age, culture, race, Aboriginal status, gender, ability, sexual orientation or geographic location.

- Natural spaces and places
- Comprehensive system of parks
- Public awareness and education
- Minimize negative impacts

- Provide essential spaces and places
- Use existing structures for multiple purposes
- Renew infrastructure
- Active transportation
- Partnerships in social environment
- Recreation education
- Assessment tools
- Align community initiatives

- Collaborative system
- Career development
- Advanced education
- Capacity development
- Community leadership
- Volunteers
- Knowledge development

How will the Framework be used?

It is anticipated that the Framework will be utilized by the recreation and related sectors and governments in a variety of different ways, which could include:

- To guide decision-making, planning and resource allocation for recreation leaders;
- In the development of Municipal and Community planning;
- To continue to foster positive relationships between the sector and all orders of government;
- As a guiding document for the field of recreation;
- To inform the development of consistent and coordinated actions to address emerging trends such as physical inactivity pandemic; and
- To contribute to active and healthy communities and citizens.



National

Use it!

Share it!

Own it!



Provincial

Use it!

Share it!

Own it!



Framework Implementation in Atlantic Canada

- ★ Joint implementation efforts by provincial governments and provincial organizations
- ★ Implementation translates into something different for each province
- ★ Small implementation efforts collectively make a significant difference
- ★ Best practices in Atlantic provinces

Community

Use it!

Share it!

Own it!



Where do you see yourself in the Framework?

- * Where do you see yourself in the Framework?
- * How does your day to day work link to the Framework goals?
- * How can you easily integrate the Framework into your daily work?
- * What value can the Framework bring to the work you are already doing and new work you could do?
- * How can you work with your provincial association on Framework implementation?



Goal 1: Active Living

To foster active, healthy living through recreation.



Goal 2: Inclusion and Access

To increase inclusion and access to recreation for populations that face constraints to participation.



Goal 3: Connecting People and Nature

To help people connect to nature through recreation.



Goal 4: Supportive Environments

To ensure the provision of supportive physical and social environments that encourage participation in recreation and build strong, caring communities.



Goal 5: Recreation Capacity

To ensure the continued growth and sustainability of the recreation field.

How can you implement
the Framework?

Here's what's been heard

- * To add value to activities you are already doing
- * To foster or justify new activities
- * To guide master plans and strategic plans
- * To promote and profile the sector through existing or new channels
- * To communicate the value of your work and to seek financial and support accordingly
- * To demonstrate the connections to aligned sectors
- * To educate and train practitioners and professionals

Questions?