

Teen Challenge Physical Activity Funding Program

Overview

Recreation Newfoundland and Labrador's (NL) Find Your Fit! Campaign is a province wide physical activity campaign designed to get individuals motivated and moving towards healthy, active living. The campaign provides physical activity challenges, tools and resources to help Newfoundlanders and Labradorians increase their physical activity levels.

From 2007 – 2017, Recreation Newfoundland and Labrador partnered with ParticipACTION and the Department of Children, Seniors and Social Development to promote and coordinate ParticipACTION's Teen Challenge funding program. The Teen Challenge program was a national physical activity program delivered by a network of community-based organizations working together to break down the barriers that teen's aged 13-19 face in getting active. Through this partnership, more than 5000 teens and over 300 community organizations were supported in their efforts to provide physical activity for teens. This program ended March 31st, 2017.

Recreation NL has decided to continue to support community-based organizations that work to break down barriers that teens face, under the Find Your Fit! Campaign. This is possible with the continued support of the Government of Newfoundland and Labrador, Department of Children, Seniors and Social Development.

Who Can Apply?

Applications will be accepted from the following groups:

- Not-for-profit community groups (recreation and sport groups, Boys and Girls Clubs, Allied Youth NL, Community Youth Network, etc.).
- School Groups (after school programs, lunch time programs, etc.).
- School teams or for-profit organizations are not eligible for this funding.
- Organized sport teams cannot apply for funding.

Application Deadlines

Applicants are invited to apply on an on-going basis throughout the year. However, grants will be reviewed after each grant deadline, as follows:

- November 9th, 2018 and March 1st, 2019.

How Often Can I Apply?

Applicants may apply for two Teen Challenge grants within a given fiscal year (April 1 – March 31), but cannot receive 2 consecutive grants.

How Are Applications Assessed?

A sub-committee comprised of members from the Recreation NL's Physical Activity Advisory Committee will review all applications. The committee will review all applications to determine if they meet the eligibility requirements as outlined below. The amount of funding is set annually and will be allocated based on the total amount of funding available.

When preparing to submit your application please ensure it incorporates the following:

- The number of participants the program/event is reaching
- Sustainability of the program beyond the completion of the program – is there a legacy component?
- Do teens have leadership role in the program?
- What community groups or partners will you be working with to put off the program or event?
- Community organizations cannot apply for more than \$50.00 towards nutrition related activities, nutrition demonstrations, healthy snacks, etc. Visit <http://www.recreationnl.com/programs-events/eat-great-participate/> for nutrition resources.
- Maximum of \$50.00 towards transportation for one-time events; maximum of \$100.00 towards transportation for on-going events.

Applicants can apply for:

- 1) \$250 one-time teen physical activity grant
- 2) \$500 on-going teen physical activity grant (i.e., 4 week program or longer)

How/when will approval be given?

All applicants will be notified of the outcome of their application through a formal letter via email. If approved, the applicant will be notified by e-mail as well as a formal letter and cheque in the amount approved to the applicant. Letter and/or emails will be sent within 6 weeks after grant deadline dates.

What Are The Follow-up Requirements?

Upon the conclusion of the event, a follow up 'success story' report form **MUST** be completed no later than 30 days after the program/event is completed. The success story must be completed in order for the community group/organization to be considered for future funding. Success story is to be submitted to Pam Mills at pammills@recreationnl.com. Reporting form will be attached to email containing approval letter.

Where Can I Find The Application?

<http://www.recreationnl.com/grant-funding-opportunities/>

You may request a copy by emailing Pam at pammills@recreationnl.com or by calling (709) 729-0569.

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Application Deadlines: November 9th, 2018 and March 1st, 2019

Here are the 4 steps to apply for a teen physical activity grant

*Download & use the fillable PDF option to complete this application more conveniently.

1. Community Organization Information
2. Create a Physical Activity Program/Event
3. Funding Request
4. Authorization

1. Community Organization Information

Full name of Organization:		
Organization mailing address (address that will appear on cheque if application is approved):		
City/town:		
Postal Code:		
Main Contact First Name:		
Main Contact Last Name:		
Main Contact e-mail address:		
Main contact phone number:		
Alternate contact name (first & last):		
Alternate contact e-mail address:		
Organization Details (circle answer):		
Are you a non-profit/publicly funded organization?	Yes	No
Are you a member of Recreation NL?	Yes	No
Is there a registration fee associated with being apart of your organization?	Yes	No

2. Create a Physical Activity Program/Event

Find a group of teens that want to get active and moving in your community and work with them to create a physical activity program they would like to engage in (e.g., yoga, rock climbing, martial arts, hiking). Fill out the form below to create your program.

Name of your Program/Event:

Describe your Program/Event below (please discuss how the funds will be allocated):

Please indicate if your event is an on-going event or a one-time event:

Program/Event Start Date:

Program/Event End Date:

How many times per week will your event occur?

How many teens are expected to participate?

3. Funding Request

Grant funding can offset costs for equipment, coaching/instruction, nutrition and transportation to allow youth to engage in their activities. Please complete all sections below. Funding of up to \$500 is available for on-going programs, or up to \$250 for one-time events.

Please complete the following information:

How will this money help youth to become more physically active (select all that apply):

Form a new teen program	
Add a new activity to an existing group	
Enhance an existing program (e.g., better equipment, access to facility, etc.)	
Expand a program (enable more teens to participate)	
Raise awareness of inactivity crisis among teens and educate teens about the issue	

Participant Breakdown:

13-15 years old:	
16-19 years old:	
Female:	
Male:	

What role or input did the teens have in the creation and delivery of this program or event?

Generating ideas for program/event	
Involved in the creation of program/event	
Took on a leadership role	
Helped with implementation of program/event	

Funding Request		
Please indicate the total amount you are requesting. In the 'Breakdown Details' section, please provide details of what exactly you are requesting (i.e., if you are asking \$100 for equipment, indicate what pieces of equipment you will be purchasing).		
Budgetary Items	Amount Requested	Breakdown Details
Facility/Space		
Equipment		
Transportation		
Nutrition (Maximum of \$50)		
Miscellaneous		
	Total Amount Requested:	

Make Cheque Payable To:
Mailing Address (if different from Community Organization Mailing Address):

4. Authorization

I certify that to my knowledge, the information provided in this grant application is accurate and complete and is endorsed by the organization/group that I represent and that I am authorized to enter into funding agreement on behalf of my community organization. I certify that my organization/group meets the basic eligibility criteria referenced in this application. I also certify that if successful for funding my organization/group will abide by all terms and conditions herein which will form the agreement between the parties involved.

If funded, I agree to:

- 1) Use the funding only for the purposes outlined in the original application.
- 2) Submit a final success story report within 30 days after the completion of the program or event. I acknowledge that failure to submit a final report will result in my organization/group being ineligible to receive future funding.
- 3) Acknowledge Recreation NL's contribution to this project where appropriate.
- 4) Return any funds that are not used for the purposes outlined in the application.
- 5) Give Recreation NL the ability to use this information for communication purposes.

Name (please print):

Title/position:

If application is emailed, typing the name below will satisfy the signature requirement.

Signature

Date

Please submit this application to:
Recreation NL
1296A Kenmount Road
Paradise, NL A1L 1N3
Email: Pam Mills - pammills@recreationnl.com
Fax: 709-729-3814