

**Yours to**

**Discover**



**48<sup>TH</sup> AGM, CONFERENCE  
& TRADESHOW  
MAY 23-25**



**2019**

## **Keynote Speaker BRENDA ROBINSON**

Brenda is a speaker, trainer, writer and consultant. She has been addressing groups for over twenty years on topics related to communications, humour, laughter, positive working skills and wellness in general.

Brenda received her Bachelor of Arts from Brandon University in Brandon, Manitoba (Major in English) and her Masters of Education from Simon Fraser University in Burnaby, B.C. in 1998.



**KEYNOTE ADDRESS**

**May 24, 2019, 6:30 pm  
BRENDA ROBINSON**

**COMMUNICATE! COMMUNICATE! COMMUNICATE!  
DISCOVER THE POWER OF POSITIVE COMMUNICATIONS**

**As soon as we are  
born we begin to  
communicate.**

**Does that mean it  
comes naturally?**

**Some of it - yes  
most of it - not!**

Take this opportunity to join Brenda Robinson of the Robcan Group to explore and discuss methods, approaches and ideas for improving and enhancing your skills as a communicator! Learn more about listening, the power of feedback, questioning for results, creating a positive impression, matching verbal and non-verbal messages and the joy of “*word power*”!

Take a look at your pointing skills and your ability to nag. Review the use of paraphrasing and perception checking. Work on your strategies for giving direction and instruction. Practice your skills for giving and receiving praise, compliments, advice and criticism. Hear yourself and *see* yourself in the eyes and ears of others.

Communicate **positively** for positive results. Celebrate those results and build a positive productive environment for those around you and for yourself.

**Communicate for understanding – otherwise you’re just talking.**

## ACCOMMODATIONS

### Conference Headquarters:

Mount Peyton Hotel  
214 Lincoln Rd, Grand Falls-Windsor, NL A2A 1P8  
Phone: (709) 489-2251 / 1-800-563-4894  
Website: [www.mountpeyton.com](http://www.mountpeyton.com)  
Rate: \$139.00  
Rooms are block-booked under Recreation NL

## CONFERENCE RATES

### Delegate Package

(Access to ALL Conference Events)

#### Before May 3, 2019

Member	\$200.00
Non-Member	\$230.00

#### After May 3, 2019

Member	\$230.00
Non-Member	\$260.00

**Student Package** \$60.00

(Access to ALL Conference Events)

**Observer Fee** \$60.00

(Saturday Education Sessions Only)

### Additional Tickets

Keynote Address	\$25.00
Luncheon	\$25.00
Awards Banquet	\$25.00

## TRAINING BURSARIES AVAILABLE!

**Volunteer Recreation Committees: \$250.00**

**Student Members: \$100.00**

## PRE-CONFERENCE SESSIONS

### May 23 & 24, 2019

- Recreation Practitioners Luncheon and Meeting
- Occupational Health and Safety- Mental Health and Respect in the Work
- Policies and Procedures in Recreation Facilities
- Community Biking Club Training
- Active for Life Training

## EDUCATIONAL SESSIONS

### May 25, 2019

- Panel Discussions: Events & Programs, Legal Liability, Funding
- Volunteers and Partnerships
- Social Media
- Facility Tour (Arena, Splash Pad, Dog Park, Playgrounds, Trails)
- Maximize Your Energy - Stay Upbeat in Busy, Busy Times

## SOCIAL EVENTS:

### TRIVIA & FOOD NIGHT

May 23, 2019, 8:30 p.m.

Exploits Nordic Ski Club

Join us for a night of specialty drinks, trivia and food with Quiz Master Jeff Jerrett and Chef Peter Butler.

### TRADE SHOW WINE & CHEESE SOCIAL

May 24, 2019, 8:00 – 10:00 p.m.

Check out the latest products and services in the recreation sector! There will be exciting giveaways, networking opportunities and chances to win great prizes.

GRAND  
PRIZE  
DRAW

### THE GREAT NEWFOUNDLAND OUTDOORS

May 24, 2019, 10:00 p.m.

Exploits Nordic Ski Club

Enjoy the great outdoors in Grand Falls-Windsor! Have fun taking part in a team outdoor photo scavenger hunt, an obstacle course, Lumberjack Olympics and Awards, or just relax by the bonfire.

So grab your plaid, suspenders, work boots and logans, and come dressed as a Lumberjack! There will be a prize for best dressed Lumberjack.



Grand Falls-Windsor  
| perfectly centered |



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#RNL 2019  