

## Pop Up Play Program Information



Pop Up Play Programs are outdoor programs that take place at a local green space to encourage physical activity and creativity.

- Staff members are on site at a set time with activities for the children.
  - Staff can pre-plan some of the activities, either introducing new activities to the children to try or games that you already know the children enjoy.
  - It can also be an opportunity to let the children be creative and make up their own games. By bringing objects such as toys and materials into a nature space, this can open up a new world of opportunities.
- Organization can decide:
  - If the program is drop in or if the children have to register.
  - If guardians must stay on site or if children can attend on their own.
  - If there are set times for different age groups.
- It is recommended that during the Covid-19 Pandemic:
  - Screening questions be asked to all participants upon arrival.
  - Physical distancing is practiced. Have staff prepare activities that can be played without contact.
  - Hand washing is practiced. Provide hand sanitizer if possible.
  - Minimal sharing of toys and materials is practiced.
  - All toys and materials are washed.
  - See Provincial guidance documents for Day Camps for more information - <https://www.gov.nl.ca/covid-19/information-sheets-for-businesses-and-workplaces/guidance-for-summer-day-camps/>

### **Program Activity Ideas:**

- Loose parts play (unstructured play)
  - Unstructured play allows freedom to explore and be creative without predetermined rules or guidelines.
    - <https://extension.psu.edu/programs/betterkidcare/early-care/tip-pages/all/loose-parts-what-does-this-mean>
    - Loose Parts Play Video <https://youtu.be/PFEg6Mlc490>
    - Making use of Loose Parts <https://activeforlife.com/making-use-of-loose-parts/>
- Nature Walks
  - Turn the space into an adventurous educational experience by incorporating the following into a walk:
    - Searching for items (scavenger hunt)
    - Learning about plants or bugs in the area
    - Looking for pre-hidden objects (treasure hunt)
    - Collecting items for a craft
    - Using a magnifying glass
    - Practicing nature photography
    - Exploring different color and textures
- Physical Distancing game ideas
  - <https://activeforlife.com/7-summer-camp-games-physical-distancing/>

If you have additional information and/or activity ideas to share please contact [pammills@recreationnl.com](mailto:pammills@recreationnl.com)